

DRUG FACTS

Active ingredient(s)

Purpose

Use(s)

- relieves occasional constipation (irregularity)
- generally produces a bowel movement in 1 to 3 days

Warnings

Allergy alert: Do not use if you are allergic to polyethylene glycol

Do not use
if you have kidney disease, except under the advice and supervision of a doctor

Ask a doctor before use if you have

- nausea, vomiting or abdominal pain
- a sudden change in bowel habits that lasts over 2 weeks
- irritable bowel syndrome

Ask a doctor or pharmacist before use if you are
taking a prescription drug

When using this product
you may have loose, watery, more frequent stools

Stop use and ask a doctor if

- you have rectal bleeding or your nausea, bloating, cramping or abdominal pain gets worse. These may be signs of a serious condition.
- you get diarrhea
- you need to use a laxative for longer than 1 week

If pregnant or breast-feeding

Keep out of reach of children
In case of overdose, get medical help or contact a Poison Control Center right away.

Directions

- do not take more than directed unless advised by your doctor
- adults and children 17 years of age and older:
 - stir and dissolve one packet of powder (17 g) in any 4 to 8 ounces of beverage (cold, hot or room temperature) then drink
 - use once a day
 - use no more than 7 days
- children 16 years of age or under: ask a doctor
- do not take more than directed unless advised by your doctor
- the bottle top is a measuring cap marked to contain 17 grams of powder when filled to the indicated line (white section in cap)
- adults and children 17 years of age and older:
 - fill to top of white section in cap which is marked to indicate the correct dose (17 g)
 - stir and dissolve in any 4 to 8 ounces of beverage (cold, hot or room temperature) then drink
 - use once a day
 - use no more than 7 days
- children 16 years of age or under: ask a doctor

Other information

- store at 20°-25°C (68°-77°F)
- tamper-evident: do not use if printed foil pouch is open or broken (Pouch Carton Only)
- tamper-evident: do not use if printed foil seal under cap is missing, open or broken (Label Only)

Inactive ingredients
none